

## **FAQ & MYTHS**

Q: What is square dancing?

A: Square dancing is one folk of American folk dancing. The others are line, round and contra. Square dancing is the most social form, with eight people forming a square. The “caller” moves the dancers into formations. Men, you are not expected to choreograph a fun routine for your partner. Women, you know what is going to happen.

Q: What is Whirlaways?

A: Whirlaways is a plus-level square dance, social and service club.  
.....classes held in Escondido  
.....dances held in San Marcos, and  
.....includes round dancing  
Get fit, have fun, meet friends, learn new skills!

Q: Who are the Whirlaways?

A: We are an active San Diego North County plus-level square dance club with social & service interests. We are approximately 70 members. Whirlaways website is: <http://whirlawaysescondido.com/>  
Our Facebook page is: <https://www.facebook.com/WhirlawaysSquareDanceClub>  
In addition to the website, Facebook, we produce a monthly newsletter.

Q: Do I need a partner to square dance?

A: For singles, in class we use a rotation system. At dances, a different system is used for assigning partners. The reality, there are more women than men. Women are encouraged to bring a dance partner. The trend is going towards all-position dance to increase participation, make it more fun and a bit of a challenge. Class members are guaranteed a dance partner thanks to the generosity of our membership.

Q: Did I learn in elementary school? I didn't like it.

A: You may have, then. Life changes, as do we. It's more fun when you know more than just ten calls. Plus, now you realize you won't get “cooties.”

Q: I'm cutting back. Is it expensive?

A: Your first class is FREE. After that each class is just \$5 for a class. You don't have to prepay or commit. Other dance classes run twice as much, for half the time and require prepayments. Once you've learned basic/mainstream, you can go to dances. Dances are 2-3 hours of fun, fitness, friendship and snacks! It's an alcohol-free, social environment. Where can you have a night out this cheap?

Q: Is it good exercise?

A: Yes! And, it is not just physical, but also mental. Each dance is the equivalent of walking several miles, without feeling like you're exercising.

Q: Can you find me another dance location or time?

A: Absolutely! While we are convinced that Whirlaways is the best club in North County, we have friends in other clubs. And, there are clubs throughout the US and international.

Q: MYTH: I can't dance. I'm uncoordinated!

A: If you can walk, we can teach you to dance. You need to know your right from your left.

Q: MYTH: Isn't it all country?

A: The modern in Modern Square Dancing refers to music style, as well as dress. Any social attire is acceptable.

The music isn't just country and western. You can hear rock from Elvis to Aerosmith. American standards and pop are popular, too. Surprises are musical tunes. And, when you hear a country song, we guarantee you will survive it.

Q: MYTH: Square dancing is for old..

A: Modern square dancing caters to all ages. Whirlaways caters to ages 40-80's, who are fit physically and mentally, thanks to dancing. We even have some 8 and 10 year-olds in our classes with their parents and grandparents. Of course, the kids learn faster.

Q: When are beginner classes?

A: We host beginner classes **Wednesday evenings from 6:30-8pm** and Plus-level classes from 8-9:30pm at

**Park Avenue Community Center, 210 Park Avenue, Escondido.**

Q: When are the dances?

A: Dances are held **the 2<sup>nd</sup> and 4<sup>th</sup> Fridays** at **The Barn, 1950 Sycamore, in San Marcos.**

Q: What do we like to do?

A: We like to:

- .....host 2<sup>nd</sup> & 4<sup>th</sup> Friday themed-dances
- .....sponsor weekly classes
- .....sponsor workshops to improve skills
- .....hold social events throughout the year
- .....participate in community service events
- .....plan visitations to other clubs dances
- .....attend major regional events